the 21st Century • The Girl's Interactive Handbook for the 21st Century • The Girl's Interactive Handbook for the 21st Century • The Girl's Interactive Handbook for

❀ Special Message for Parents ❀

Coming of Age topics discussed. Parental Guidance suggested.
"It's about being a girl...about being a girl in the 90s..."

❀ As the first interactive guides for female adolescents, *Let's Talk About ME!* and *Let's Talk About ME! Too* provide a preteen or teenage girl with the opportunity to explore her relationships, personality, and potential–all within the privacy of her own interactive experience.

❀ During this stage of development, girls change and grow at very different rates. We also recognize that girls and their families vary tremendously. We believe that the family is the best place for children to learn about themselves and their changing roles in the world.

❀ These CD-ROMs provide useful information on a variety of subjects that often concern and mystify young people. We provide lots of discussion points and activity suggestions to help girls on their journey toward adulthood.

Technical Support Options

Support outside the U.S. and Canada is available via fax,
mail, and on-line services only.
Before calling Technical Support, please see p. 20 of this manual.
Phone: (800) 457-8357 or (310) 793-0600, 7AM–6PM PT, Mon–Fri
Direct E-mail: support@education.com • Fax: (310) 214-7937
World Wide Web: http://www.education.com
Mail: Technical Support, Davidson & Associates, Inc.,
P.O. Box 2961, Torrance, CA 90509

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M01L16M07C4B09Z0

Minimum System Requirements

Macintosh

- 040/33 MHz processor
- 12 MB of available RAM or more
- 256 colors
- System 7.1 or higher
- 2x CD-ROM or faster

Windows 3.x/Windows 95

- 486/66MHz processor with mouse
- 8MB of available RAM or more
- 100% SoundBlaster™ compatible sound card
- 2x CD-ROM or faster
- 256 colors

Getting Started

To run *Let's Talk About ME!*, you must install it to your hard drive. Follow the installation instructions below for your particular system.

Macintosh Installation

- Place the *Let's Talk About ME!* CD into your CD-ROM drive. A window will pop open.
- Double-click the ***Install Let's Talk About ME!*** icon. The program will be installed to a "Let's Talk About ME!" folder on your hard drive.
- After installation, be sure you have the CD in the CD-ROM drive.

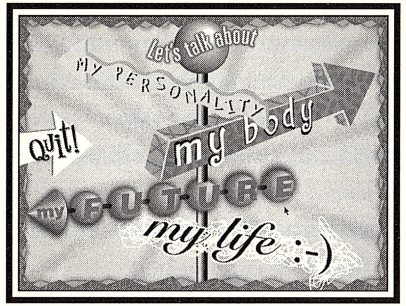
Open your hard drive, open the *Let's Talk About ME* folder, and double-click the ***Let's Talk About ME!*** icon.

Windows 95® Installation

- Place the *Let's Talk About ME!* CD into your CD-ROM drive.
- Double-click the **My Computer** icon on your desktop. Double-click the CD-ROM icon titled **About_ME.**
- Double-click the **setup.exe** icon and follow the on-screen prompts.
- If you have installed the original *Let's Talk About ME! Too*, the installation will find the correct directory and install *Let's Talk About ME!* in the same place.
- After installation, if you have a modem, and wish to register your copy of *Let's Talk About ME!*, click the **Yes** button and follow the on-screen prompts. If you do not wish to register at this time, you can always do it later by clicking the **Electronic Registration** icon in the *Let's Talk About ME!* program group.
- To run *Let's Talk About ME!*, make sure you have the CD in the CD-ROM drive. Click the **Start** button and select **Programs**. Then select ***Let's Talk About ME!*** Click the ***Let's Talk About ME!*** icon to start the program.

Windows® 3.x Installation

- Place the *Let's Talk About ME!* CD into your CD-ROM drive.
- From the File menu, select **Run**. Click the **Browse** button and select your CD-ROM drive. Double click on **setup.exe** and click **OK**.
- Follow the on-screen prompts to install the program.
- If you have installed *Let's Talk About ME! Too,* the installation will find the correct directory and install *Let's Talk About ME!* in the same place.
- After installation, if you have a modem and wish to register your copy of *Let's Talk About ME!,* click the **Yes** button and follow the on-screen prompts. If you do not wish to register at this time, you can always do it later by clicking the **Electronic Registration** icon in the *Let's Talk About ME!* program group.
- To run *Let's Talk About ME!,* make sure the CD is in the CD-ROM drive. Double-click the program group titled ***Let's Talk About ME!*** Click the ***Let's Talk About ME!*** icon to start the program.

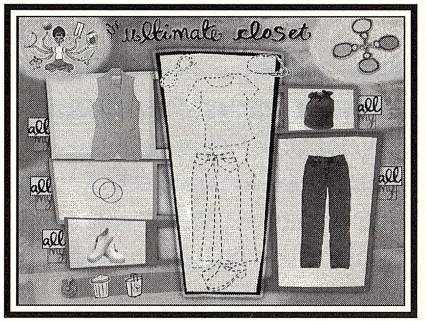


Main Screen

Choose an activity from the main screen. Once you're in an activity use the navigator in the top left corner to go to another.

My Body

The Ultimate Closet



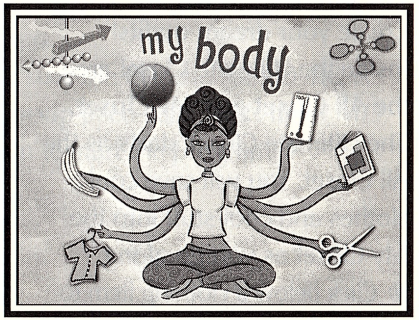
Create your dream outfits! Inside the Ultimate Closet are the **All Closet** and **My Closet**. The Ultimate Closet starts as the All Closet. You will save cool clothes and cool stuff into the My Closet as you go along.

- Click below a clothing item to cycle through your choices. The arrow shows which way you are going.

- Click and drag any item to the center window to make an outfit. To save your creation, click the shopping bag. You can also save an individual item by dragging it directly to the shopping bag.
- To delete clothes, simply click the trash can, or drag the individual item to the trash can.
- When you are in **My Closet**, your choices are limited to the clothes you have saved by dragging them into the shopping bag.
- Click the **All** tab if you want to choose from all the clothing items.
- There are three choices of music for your listening pleasure. Click the music note to change choices or to turn it off.

Build-a-Body

Build-a-Body tests your knowledge of all the amazing things that happen to your body during puberty. At first, you may want to click the icons to learn more about them.



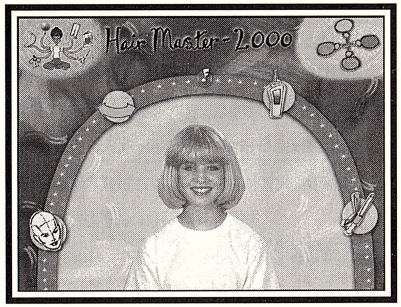
- Click the **Let's Get Started!** button to start the game.
- You are working against the clock, so be sure to be quick. Drag the icons to the correct spots on the boy and girl.
- During the game, click **How am I doing** to see your progress. When you get them all correct, you'll see a picture that will help you realize how lucky you really are that puberty doesn't last forever!

I Kid You Not

I Kid You Not is a game show that lets you learn about nutrition, life, and your body.

- The first part of the game has nine multiple-choice questions. Click **A**, **B**, **C**, or **D** to pick your answer.
- The second part has a thirty-second true-false lightning round. Click **T** or **F** to choose your answer—remember you are trying to beat the clock!
- When you've finished, check your score. There are lots of questions, so click **Play Again** to play a NEW game.

Hairmaster 2000



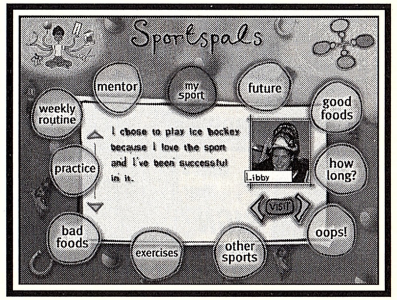
Hairmaster 2000 will let you look at great hair-do's and hair-don'ts. Imagine how funny your friends would look in some of these do's!

- Click the head shape to change faces.
- Click the dye bottle to change hair colors.
- Click the curling iron to change hairstyles.
- Click the highlighted arrow to see this hairstyle from every angle.

Miss Hottie Body

- Roll around and click the body parts to learn what foods make them hot!
- Click the food at any time to make it go away.

Sports Pals



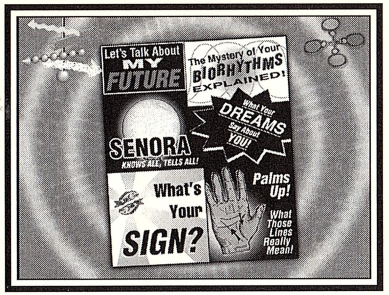
Meet other girls like you that excel in sports.

- Click the arrows to preview different girls.
- Click **Visit** when you want to learn about that girl.
- Click the bubbles to see the girl's views on that topic. Change girls at any point by using the arrows or the Visit button.

True Stories

True Stories consists of seven tales that are so real you will swear they are from your life.

- From the main screen, choose any story by clicking the title. At the end of each story, you will be presented with three difficult choices. Explore all of the options and see where they take you.
- To choose another story, click one of the icons on the right side of the screen.



My Future

Choose an activity from the main screen. Once you're in an activity, use the navigator in the top left corner to go to another.

The Dream Machine

Like a dictionary of dream symbols, the dream machine helps you find the meaning in your slumber.

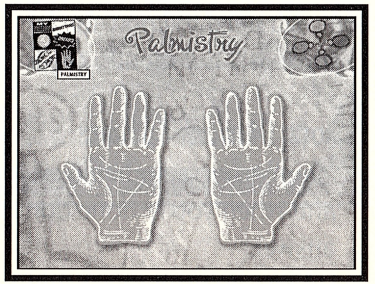
- Scroll through the elements in the ***who***, ***what***, and ***where*** categories by clicking the icons. The cursor changes to let you know the direction you are scrolling, while the meaning of each symbol is displayed in the center of the screen. When you find the items that relate to your dreams, you may add them to the **my dream** window.
- Click the arrow to the right of the title and icon to add it to your collection. When you have added the symbols which recount your dream, DON'T FORGET TO SAVE.

Horoscope

When this screen opens, either your **Western** or **Chinese** horoscope icons will be prominently flashing.

- Click the sign to learn more about yourself, click any other sign to learn more about your friends. When you want to choose another sign, hit the **Done** button.
- Choose between the **Western** and **Chinese** systems by clicking the appropriate button and then choosing any sign.
- You can also put in a new birthday by clicking a month, day, or year and then using the arrows to scroll through to the right number. The appropriate sign will begin to flash for you.

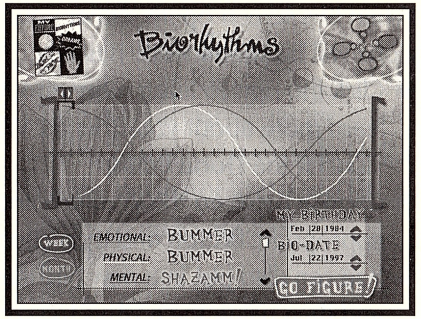
Palmistry



Your palms just might say something about your future. Roll around to discover the lines, mounts, and elevations that are important.

- Click a highlighted feature to learn about your personality.
- When you want to read about some other area, click anywhere to start over.

Biorhythms



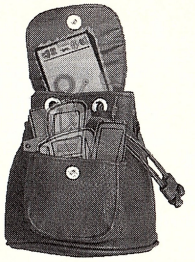
This screen starts automatically on your birthday. To change the birthday or *bio-date* (the day the graph starts), click the month, day, or year and use the arrows.

- Click **Go Figure** when you are ready to see how you stand.
- Drag the **Slider** at the top to see your day-to-day standing.
- Be sure to use the scroll arrows in the text field for a full description of how you are and what to do about it.
- If you need to know the far future (like, NEXT week) click between the week and month views to help plan your future.

Señora Obscura Sabidez

- Need to know something? Just start typing your deepest questions, and when you're done don't forget to press **Return** to get your answer.
- When you want to ask another question, just start typing again.

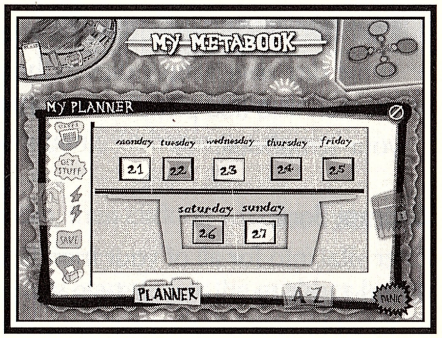
My Life



Choose an activity from the main screen. Once you're in an activity use the navigator in the top left corner to go to another.

My Metabook

The metabook in the top of the backpack contains your Diary, Scrapbook, Planner, and Address Book.



Diary

This diary is just like your real diary, except it's really easy to add pictures and colored text.

- To write in your diary, click the pencil and begin typing.
- To change the color of the text, click the three circles.
- To add pictures, click the **Get Stuff** button.
- To get rid of stuff, click the **trash can** and then click whatever you want to remove.
- You can move your pictures and sounds by clicking the **grabber hand** and then clicking and dragging your stuff to wherever you want.

Planner

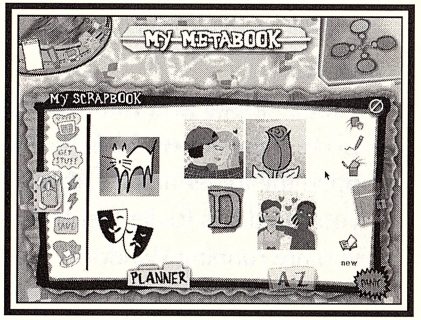
- Click the date to enter plans for that day.
- In the day view, simply click in the green day box and type away!
- You can also add pictures from **Get Stuff**, just like in your diary and your scrapbook.

Address Book

Enter vital info for all of your friends, including e-mail, birthdays, pictures, and or course, addresses.

- To add a new person, click the **Add** button and fill in the blanks. You can tab from field to field, or click directly on the field you want to fill.
- After you've entered all the vitals, don't forget to hit **Save**.

Scrapbook



The scrapbook is like a heap of blank pages. You put stuff where you want to make collages or stories.

- Add pictures with the **Get Stuff** button.
- Add captions to your pictures by clicking the pencil. The **caption box**, which will appear, can be moved by simply clicking and dragging. To begin typing, just double-click the **caption box**.
- To remove stuff, click the **trash can**, then click on whatever you want to remove.
- To move the pictures you've already placed, click the **grabber hand**, then click and drag whatever you want to move.

How to put your pictures into Get Stuff

Get Stuff can use pictures in PICT or Bitmap formats.

On a PC:

- Put the floppy disk with your pictures on it into the floppy drive.
- Go to the place where *Let's Talk About ME!* is installed. Find and open the folder named **About Me**. If you are running Windows 95, you'll find this folder inside the **Program Files** folder on drive C. If you are running Windows 3.1, **About Me** should be listed right on drive C, so use the File Manager to open it.
- Once you open this folder, you should see a directory with your username (the name you used when you signed in to the program) OR a directory with the first part of your name and two numbers (if you are using Windows 3.1 and your name is longer than eight characters). Open this folder.
- In this directory is a folder called **pics**. Copy the files from the floppy disk into the **pics** folder.

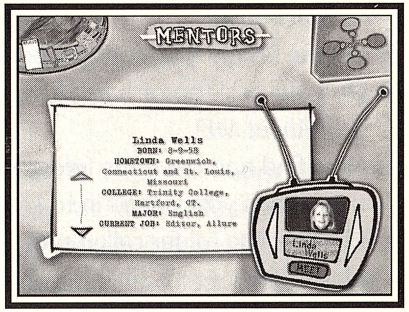
On a Macintosh:

- Put the floppy disk containing your pictures into the floppy drive.
- On your desktop or hard drive, find and open the folder called *Let's Talk About ME!*
- Now find and open the folder with your username (the name you used when you signed in to *Let's Talk About Me!*).
- Look for the folder called **pics**. Copy the files from floppy into the **pics** folder.

NOTE FOR ALL PLATFORMS: Each picture that you add must be in two different formats: large and small. The large size picture should be 100x100 pixels, and the name should start with an L (for example, **Lmydog.pic**). The small (thumbnail) size picture should be 50x50 pixels and the name should start with a T (for example, **Tmydog.pic**).

If there is a filename conflict with any pictures that are already in the pics folder, you should rename one of the two sets. Make sure that you have an L file and a T file for each of your pictures. After you have copied the files, you should be able to see them when you use the **Get Stuff** button and select **My Pictures.**

Mentors



Meet and learn from important women.

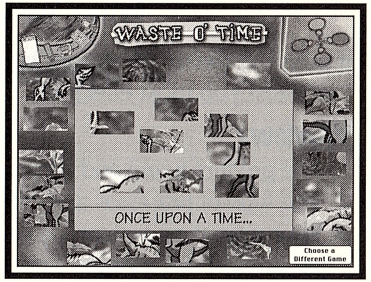
- Click the arrows to preview a different mentor, and click **Meet** when you want to learn from that woman.
- Click the bubbles to see the mentor's views on that topic. Notice that the pics change from mentor to mentor.
- You can change women at any point by using the arrows or the Meet button.

Cyberpals

Meet other girls like you from around the world!

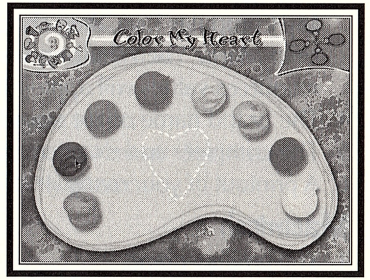
- Click the arrows to preview different girls, and click **Visit** when you want to learn about that girl.
- Click the bubbles to see the girl's views on that topic. You can change girls at any point by using the arrows or the Visit button.

Waste O' Time



The spinning bottle shows your choices. When you decide how you want to blow a few minutes, click the game or puzzle and you'll go directly there.

My Personality



Choose a quiz from the main screen. Once you're in a quiz, you can go to any other by using the navigator in the top left corner. There are 10 different quizzes to choose from: The Stuff I'm Made Of ❀ Deep Inside ❀ Color My Heart ❀ Shape O Scope ❀ Friends or Foes ❀ Express Yourself ❀ Parent from Mars ❀ Misery Meter ❀ Ready for Romance ❀ HerStory. Quizzes 2 thru 8 all have activities linked to them. Make sure you click on **Try This** to get suggestions for some great activities!

Before You Call Technical Support

If possible, please be at your computer and have it on when you call. We can assist you most effectively if you have the following information ready.

Windows

1. The *product name* and *version number* of the product.
2. The type of *processor* and *clock speed* (e.g., 486/66) of your computer.
3. Your operating system's *version number* (e.g., Windows 95) and the amount of *free memory* and *system resources* you have available. For Windows 3.1, go to the Program Manager and select About Program Manager from the Help menu; for Windows 95 and later, choose the My Computer icon, then choose About Windows 95 (or later) from the Help Menu. The Windows version number and the memory and system resources values will appear in the dialog box.
4. The brand name of the *sound device* and *video card* in your computer.
5. The complete and exact *error message* reported by the program (if any).
6. A printout of your *config.sys* and *autoexec.bat* files.

Macintosh

1. The *product name*.
2. The *model name* of your Mac.
3. The *system version number* and *memory*. On the Apple menu, select About This Macintosh (or About This Computer in System 7.6). In the dialog box that appears, the system version number will be at the upper right and the memory at the lower left.

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